

Gateview has new council

ALBANY — Peace has descended on Gateview following the recent election of a new Board of Directors to the McKinley Towers Neighborhood Council.

The election, held March 13, saw Ingi Olafsson selected as president of the Board for the ensuing year. Other directors elected included Sol Strand, Don Scott, Robert Wilson and Cliff Harrington.

According to information, Harrington, who is a salesman for Interstate General Corporation, developers of Gateview, was elected after a solicitation of proxies by the construction firm. Of his 270 votes, over 50 were credited to the proxy vote, it was disclosed.

Olafsson was elected president of the Council some time ago, but it was said, resigned in the middle of his term over the controversy brought about by the recent resident manager, Wally Calloway. It was upon his resignation that Odd Haugen was selected as head of the Board of Directors, information revealed.

Top vote getter in the election was Strand with a total of 310 votes out of the possible 485 homeowners of the Towers association.



OPEN WIDER! — So Susan Van Norman, secretary of the Albany High School Band Boosters, does to get the whole mouthful of spaghetti being served up to her by Thomas Yi, president of the Albany High School Band Boosters. Aiding is Vice President Amy Lyons. The three are publicizing the "Spaghetti Symphony" to be held Friday night in the Cornell School cafeteria from 5 to 7 p.m. Proceeds from the annual fund raiser are to be used to purchase new instruments for the school district bands and to replace those worn out from the heavy usage over the years. With the passage of Prop. 13, there is no money to refurbish nor replace instruments from district funds, according to musical directors Ernest Douglas and Bob Slous.

Spaghetti Symphony Friday

ALBANY — "The two star dinner of the century" is the enthusiastic description of the Albany and Boosters' upcoming "Spaghetti Symphony" by residents George and Karen Grandy. The fundraising event will be held Friday, from 5:00 to 8:00 p.m. in the Cornell School cafeteria.

Tickets, at two dollars each, are available from instrumental music students at the Albany Schools or at door. Each two dollar ticket admits one adult or children under twelve. Adult dinners are also available at no extra cost.

The menu consists of spaghetti with meat sauce, french bread and butter, green salad, pickles, coffee, tea or milk and dessert.

According to music director Ernest Douglas and Bob Slous, proceeds will go toward replacing worn musical instruments in the schools and toward providing instruments for music students who cannot afford their own. All normal replacement funds were depleted this year as a result of Proposition 13.

Zoo needs you

SAN FRANCISCO — The San Francisco Zoo is looking for volunteers. So if you like to see animals, enjoy orangutans, and are tickled by a petting zoo, you may want to volunteer.

The zoo needs people to help with the animals. Visitors about the Zoo are Trail, or to babysit a child.

Library to fete its week

ALBANY — The Albany Library will celebrate National Library Week, Sunday, April 1 through Saturday, April 7.

By entering the contest "Libraries are..." entrants have a chance to win a T-shirt, totebag or a backpack. As libraries are many things to many people, the Albany staff would like as much input as possible from residents of the area.

To illustrate the needs for libraries, the local branch has entry blanks available during National Library Week.

As entries are returned, they are to be displayed throughout the library and winners are to be chosen at a drawing during the special family program Thursday evening, April 19, it was said. Entries are encouraged from people of all ages.

National Library Week also will feature stories by the Albany Library resident storyteller, Elizabeth Overmyer. The program for all ages will take place Saturday, the final day of Library Week, at 2 p.m.

Wednesday, April 11, Frances Baruch, puppeteer and storyteller, will present a special program in the children's library. Formerly the voice of Bugs Bunny, Ms. Baruch uses hand puppets, storytelling, drama and music in a program aimed at children of kindergarten through third grade level.

Additional information may be obtained from Elizabeth Overmyer at the Albany Library, 526-3720.

Cloisnone class for 10 weeks

ALBANY — Cloisnone (pronounced cloy-sa-nay) jewelry making is one of over 150 adult education courses scheduled by Albany Adult during the 10 week Spring quarter which started this week.

Two cloisnone sections are scheduled: Thursdays from 7 to 9:30 p.m. and Fridays from 9:30 a.m. to noon. The tuition is \$21.

Cloisnone enameled pieces are prized possessions in many museums and the technique dates back to the 6th century. According to instructor Debra Yohai, Mrs. Yohai is a cloisnone expert with samples of her jewelry among permanent collections in New York, Ohio, New Jersey and California.

The art technique involved creating small wire cells or enclosures on a solid back plate which are then filled with colored enamel. Mrs. Yohai said.

"Currently, cloisnone brooches, pendants and pins are among the most popular jewelry sold in the jewelry stores of Malibu, Newport and San Francisco."

For more information about other fine arts and craft courses at Albany Adult phone 526-6811.

Walt Whitman

When the poet Walt Whitman was an old man, unable to leave his bed, he said: "I can write, read, work, I find I can laugh, cry, and be myself, still in most ways. I shouldn't kick because I can't climb mountains."

National Roll Call

A National Roll Call of all Veterans of World War One has been requested in order to compile a complete file of non-members who are not aware of recent changes and new legislation affecting their welfare and benefits.

World War One Veterans are asked to send their name, address, city and zip, and service outfit to:

Edwin V. Booth, V.W.V.I., P.O. Box 5046, Santa Rosa, CA. 95402, so they may be kept informed of their rights and hospital benefits.

Local 'Y' begins new exercises

ALBANY — "Fitness Fantasia," an adult exercise program begins again this week at the Albany YMCA, 921 Kains Avenue in Albany.

The program is designed for men and women to benefit from a cardiovascular regimen for the heart and lungs.

Part of a National YMCA model offered in 1800 local YMCAs in the United States. "Fitness Fantasia" includes exercise to tone muscles, firm body parts, and to increase heart/lung efficiency.

Instructors for the hour-long sessions are Ed Taaf and Betsy Claassen. Taaf is an experienced weight trainer and certified fitness leader and currently teaches the Y's Senior Citizen Fitness classes.

Mrs. Claassen, a dancer and certified fitness teacher, has led the daytime exercise classes for the past few months.

Classes will be held on Tuesdays and Thursdays from 9:30 to 10:30 a.m. and on Mondays and Wednesdays from 6 to 7 p.m. Child care is available for the day time classes.

Registration is open to men and women, and the fee for the ten-week session is \$16 for ten lessons or \$24 for twenty lessons. Further information on fitness or other adult activities is available by calling or visiting the Albany YMCA, 525-4447.

Children's writing adult school class

ALBANY — The Albany Adult School is offering a "Writing Children's Literature" workshop, starting March 28, 7 to 9 p.m. at Albany High School.

Several students have published for the first time while taking this course. Judith Serin is teaching, and says the class is also useful to parents and teachers who want a better understanding of the dynamics of children's literature.

For more information, please call the Albany Adult School, days 526-6811, evenings 525-7131.

Waterfront plans set back again

Three week delay for public to work on hearing

ALBANY — A decision on the proposed \$12 million waterfront project has been postponed for three weeks by the Albany City Council.

In a unanimous vote Monday evening, the council delayed action on a preliminary plan by City Administrator William Haden to enlarge the city's redevelopment area to gain financing from the state for the proposed 475-berth marina and waterfront project. The council postponed action to study the plan further and to get more citizen response.

SF ballet performs at Zellerbach

BERKELEY — The San Francisco Ballet will present the second in a series of four performances at U.C. Berkeley on Friday, Presented by the Committee for Arts and Lectures, the performance will begin at 8 p.m. in Zellerbach Auditorium.

The program includes Lew Christensen's world premiere ballet "Scarlatti Portfolio." Also on the program are: Robert Gladstein's "Stravinsky Capriccio for Piano and Orchestra," Tomm Rudd's "Trilogy," with music by Khachaturian and Bartok; and artistic director Michael Smuin's "Medea," choreographed to a score by Samuel Barber.

The third and fourth performances are "Romeo and Juliet" on April 20 and 21, and "A Song for Dear Warriors," May 18.

Tickets for all performances are available at the CAL Box Office, 101 Zellerbach Hall, 642-9988.

Ball teams still need sponsors

ALBANY — Little League sponsorship renewals are still being received which leaves just approximately one dozen to be heard from.

With the season starting in April, the Little League committee is anxious regarding those who have not renewed, urging them to do so.

Renewals for the month of March are Evelyn Phil, in the memory of her husband, Don, who was a long time volunteer and supporter.

Also renewing are D. S. Composing Service, Pisco's Restaurant, Exchange Club of El Cerrito, Al's Big Burger, Berkeley Cycle, Solano Club, Eugene and Donna Hellwig, Park and Shop Market, McDonald's Hamburgers and Baskin-Robbins Ice Cream.

Those interested in sponsoring or donating to the local league may send their donation to Albany Little League, Inc., P.O. Box 6003, Albany, 94706. Additional information may be obtained by phoning Fern Luoma at 526-1311.

County fair now accepting entries for parade

ALBANY — The Alameda County Fair Parade Committee is accepting entries for their 44th annual parade, Sunday, June 24, at noon in Pleasanton. The theme for this year's parade will be "Happiness."

Entry forms may be obtained by writing the Pleasanton Chamber of Commerce, 10 Neal Street, Pleasanton, 94566, or call 846-5858.

Over \$3,000 in cash, awards and trophies will be awarded to winners in various categories, according to Johnny Pleich Jr., of Albany, one of the fair directors.

The County Fair runs from June 24 through July 8.

Danish pupils to visit east bay in June

ALBANY — Four Danish students and one Danish teacher will visit the east bay from June 26 to July 17 as part of an exchange program sponsored by EF Institute for Cultural Exchange. EF stands for "Europeisk" Europeiska "Ferieskolan." Swedish for "European vacation school."

Host families are needed for the students. Single parents and adults without children also are encouraged to apply. Host families are interviewed and matched with students according to tastes, preferences, mutual interests, and things they like to do.

During their stay here, the students, ages 16 to 21, will attend three hours of English and American culture classes four days a week, and take part in various excursions.

For further information, call Ms. P.J. Flowers, program coordinator, in Albany at 524-8691.

Vietnam vet gives lowdown



Students listen to Kovic's view of Vietnam War.

again when he nominated a draft resister for vice president at the 1976 Democratic convention.

Ms. Kirby's students, who had read Kovic's book, seemed to take his words to heart. Though they seemed a bit unnerved by the television cameras that showed up for Kovic's appearance, several students stood up to tell him what they thought of the draft.

Scott Rogers, a senior who built a ramp so Kovic could enter the building in his wheelchair, said he was "confused" by the issue.

"If it came up and it was for a good cause I would probably go," he said.

Jack Pfeiffer, a senior who was born in Germany, said, "I'm an immigrant and I consider myself very patriotic. But if there was a draft I would not go."

When the TV cameras left, Kovic and the students loosened up and engaged in a spirited dialogue, with Kovic asking leading questions and generally playing the devil's advocate.

When a student asked why she should have to serve in the army, Kovic said, "because you have an obligation to your country."

Free Easter chamber concert

SAN FRANCISCO — The Chamber Chorus and the New Music Workshop under the direction of Hermann Le Roux will give a free concert in Hellman Hall, 1201 Ortega, Easter Sunday at 3 p.m.

For further information, call the San Francisco Conservatory of Music at 564-8086.

ALBANY CINEMA

Solano Ave. 524-5656

"NORMA RAE"

7:00 - 9:00 Daily
Sat. & Sun. 1-3-5-7-9-10

Comments BY CARY

CARY BOWLES HAS BEEN ON VACATION
COMMENTS, POLICE AND FIRE COLUMNS
WILL RETURN NEXT WEEK

Only one variety of mushroom is grown commercially in the United States. It can range from dark brown to pure white. Differences are negligible, but the darker ones are firmer, better for skewering, less easily bruised and — some believe — more flavorful.



SUPERWALK '74 — School representatives Andrew Tynes and Brian Perry of Marin Elementary left, seated; Lisa Guerrero and Stefanie Zepeda of Franklin Elementary join "Charmers" members Cathy Clark and Kathy Kennedy in the final plans for the March of

Dimes Superwalk, April 1, 1979. Registration is between 8 and 9 a.m. at Laney College. The "Charmers" will be part of the entertainment for the walkers along with Robin "Mork" Williams. For walk information call 836-2267.

VIETNAM VET AT ALBANY

(Continued from Page 1)

When another student asked why "the politicians in Washington, D.C." didn't have to fight, Kovic said, "because they're better than you. They went to Harvard and Yale."

"Don't you think they should be able to sit in their cushy chairs and direct you?" Kovic asked. "Or do you think President Carter should have to be in the point of the first platoon?"

Kovic told the students his generation was "conditioned" to fight by "one of the most militaristic cultures in the history of the world." He said he grew up with toy guns, Sgt. Rock comic books, and John Wayne and Audie Murphy movies, all of which "romanticized war."

"I used to walk on patrol in Vietnam fantasizing that I was John Wayne in 'The Sands of Iwo Jima,'" Kovic said.

Kovic said he saw four of his friends killed in Vietnam, and later lost nine other friends who, like himself, had been wounded and sent to military hospitals.

Kovic also joked with the students, telling them stories of his meetings with literary lions Henry Miller and Norman Mailer.

Kovic said Mailer told him **Born on the Fourth of July** was "an important book." Kovic said he replied that he thought Mailer's books were "important" too, but that he really hadn't read any of them.

"That's OK," Kovic said Mailer told him. "I haven't read yours either."

The students seemed thoroughly charmed and won over by Kovic, who stayed after class to autograph copies of his book.

"I think he was really dynamic," Katy Zapata, a junior, said. "I really enjoyed it. I learned to stick up for my rights."

Kovic said he was "overwhelmed by the spirit I've seen here today."

"There is great potential in the youth of this country," he said. "There are probably many young Tom Haydens out there, and many young Rennie Davises."

He said he thought the draft would be "one of the primary controversies of the 1980 (presidential) race."

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CLUB ACTIVITIES

AMERICAN ASSOCIATION OF RETIRED PERSONS, INC.

"Protection for the Elderly" is to be the topic at the April 14, 1 p.m. meeting of Chapter No. 2618, AARP.

Featured speakers are to be Isabelle Betten of the Northern California Whistlestop program; Mr. and Mrs. Jack Rogers and Don C. Smart, all members of the Crime Prevention Committee.

Chapter meetings are held the second Saturday of each month at the Albany United Methodist Church, Stannage and Marin avenues. Anyone over 55 years of age is welcome to attend the meetings.

Albany's Chapter No. 2618 has scheduled a trip to Benicia on April 22 where the group is to visit the old California Capitol and other historical buildings of the area. The bus will leave from Pole K-3, El Cerrito Plaza at 9:30 a.m. Cost is \$6.75 and a bag lunch is advisable. For reservations, call 525-8985, 525-9025 or 525-8757.

COURT BERKELEY NO. 1049 CATHOLIC DAUGHTERS OF THE AMERICAS

Anna Marie Mikesell, regent, will preside at the next business meeting of Court Berkeley No. 1049, Catholic Daughters of the Americas, Sunday, 1 p.m., at St. Jerome's Hall, Curry and Carmel, El Cerrito.

A "White Elephant" sale has been planned for the conclusion of the meeting with the proceeds to be added to the Court's charity fund.

At a recent meeting, the nominating committee was selected. Mrs. John Collins of El Cerrito was elected chairman. Other members include Mrs. Vincent Scarich, El Cerrito; Mrs. Ralph Bowman and Anna Marie Mikesell, both of Berkeley, and Mrs. Robert Rogers, Albany.

NORTHBRAE WOMAN'S CLUB

Monday, the Board of Directors of the Northbrae Woman's Club will meet at 10 a.m. at the home of Mrs. John L. Pastorino, first vice president.

On Wednesday at 10:30 a.m. the Literature Section Chairman, Mrs. Louis C. Andrews, will introduce one of the newest members, Mrs. Harland Patterson. She is to talk on "Book Magic for the Young in Heart," a most entertaining subject and audience participation is asked.

After the 11:45 a.m., dessert and beverage served by the April Hospitality Chairmen, Miss Ruth Clifton and Mrs. John Gregory, the Canasta and Bridge Card Sections will meet for the afternoon.

ALAMEDA COUNTY DEMOCRATIC WOMEN'S STUDY CLUB

Next Wednesday, April 4, the regular noon luncheon meeting will be held at Tom Lovely's Buffet, 336 Grand Avenue, Oakland, it was announced by Vera Hurd, publicity chairman for the club.

The meeting is open to all

Friday saving day at Golden Gate Fields

ALBANY — A weekly discount day on Friday and special season-long rates for senior citizens are offered by Golden Gate Fields during its spring thoroughbred meet.

Each Friday throughout the 97-day season, racing fans will be admitted to the grandstand for \$1.50, a \$1 savings off the regular admission. Discount Day replaces Thursday's Ladies Day and Friday's Men's Day in the past.

Persons over 65 also may take advantage of the \$1.50 admission any race day, providing they first register for a season's credential at Golden Gate Fields.

A weighty tome

The most weightily of all publications is probably the 1,112-volume set of British Parliamentary Papers of 1800-1900. The complete set costs \$65,000, would take years to read, and weighs 3.64 tons. The total print run was only 500 sets. The publishers didn't expect it to become a best seller.



HOMETOWN NEWS

Word has been received that Navy Hospital Corpsman Third Class Michael E. Lynch, whose wife Pamela, is the daughter of Mr. and Mrs. Donald J. Hess, 1071 Stannage, has been promoted to his present rank while serving at Naval Regional Medical Center, Camp Pendleton, California. He joined the Navy in June, 1972.

Kensington resident Anneliese B. Miller has been promoted to trust officer of Lloyds Bank California's San Francisco Trust department, according to James A. Knowles, vice president and trust officer for the bank.

Mrs. Miller joined the bank in 1973 and was promoted to assistant trust officer in 1975. A native of West Coast, many Mrs. Miller is enrolled in Pacific Coast Bankers School in San Francisco.

Ken Chamness, who is a student at Albany High School, held the winning raffle ticket for a three month shopping spree at the Lucky Store in El Cerrito Plaza. He collected his winnings last Thursday at 8:45 a.m. and had purchased his ticket as a benefit for the Class of '79 Albany High School.

Anne Rotamel, who has just hung out her shingle as an attorney, notified the Times of the fact she is practicing out of her home, 830 Talbot, here to make her practice a specialized, one-on-one contact and she offers one hour free consultation service, advising what can be done in the particular case. If the case is too complicated, she will suggest an authority in the field. She said she "quite willing to meet with clients at their convenience including in their homes during evening hours or on weekends."

She hopes to develop a "neighborhood practice" geared to serving the needs of the middle class with the ordinary day-to-day legal affairs. "Because she is practicing out of her home, she believes she can offer her services at a most reasonable rate."

The Class of Albany High School, 1974, is to hold a five year reunion at Spenser's on Saturday, June 9. A flyer has been sent to all graduates, but there is a chance one or two might not have received information about the affair.

One of the chairmen of the event, Christy Jaramila, said she is ready to field questions at either her home, phone, 362-3700, or at her home phone, 525-2094. She said all reservations must be made by May 1.

Albany Hospital has been granted the Certificate of Accreditation by the Joint Commission on Accreditation of Hospitals. The two year accreditation became effective October 19 last year, according to William F. Miller, hospital administrator.

Snow and rain

One inch of rain contains the same amount of water as 10 inches of snow. Therefore, Hawaii's 23 inches of rainwater last week would have meant 230 inches of snow in a colder climate.

"If you don't thank an animal for giving up his life so that you may live, his spirit may cause you trouble," — Native American saying.

candidates and persons interested in the forthcoming city, county and state elections, Mrs. Hurd said.

EAST BAY SOLO SET

The Fifth Saturday Dance of the East Bay Solo Set is to be held Saturday from 8:30 to 12 midnight at the Jewish Community Center, 3245 Sheffield Avenue, Oakland. Refreshments and door prizes are on tap for those attending the dance, it was announced by Sue Rabinowitz, publicity chairman.

A Jewish singles group for people 35 and over, the East Bay Solo Set said two admissions will be allowed for the price of one and urged all men to bring a male friend to the dance. Further information may be obtained by calling 531-3761, 524-7084 or 855-1332.

Ballet school holds auditions

for summer

SAN FRANCISCO — The San Francisco Ballet School will hold its annual Summer School Entrance Auditions on Sunday, at the Ball Studios, 378-18th Avenue, San Francisco. Both San Francisco and partial scholars will be awarded to students aged 13-18 who are auditioning.

The intensive six-week summer school, July through August 18, includes classes in ballet technique, advanced students, pointe character, pas de deux variations, modern dance history, and falls.

The San Francisco Ballet School is the official school of the San Francisco Ballet Company. If more information is needed, call Deborah Hess at the school, 754-1344.

Spring cleaning

When you do your spring cleaning, don't forget vacuum your floors. According to experts, vacuuming is an excellent way to move choking dust particles and insects to plants. Use the dust brush attachment on your canister vacuum, which both speeds and suction justness.

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BACK TO SCHOOL—MATCH YOUR WITS

The Albany Board of Education has adopted additional standards for high school students graduating after June, 1980. The twenty-two adopted "proficiencies" in reading, math and writing are assessed by test items similar to the one listed below. Parents, students and other community members can sample the new requirements by completing the item and checking the answer.

MATH PROFICIENCY: No. 7

Verify accuracy of common financial statements such as savings and checking accounts, loan accounts, paychecks, bills and sales slips.

408 908-2862 SEP 16 77		PAGE 1	
LONG DISTANCE DETAIL			
DATE	TIME	MIN	PLATE CALLED
AUG 17	7:15	13	DE BELLINGHAM RANS
AUG 17	8:27	13	DE BELLINGHAM RANS
AUG 22	10:54	2	DE BELLINGHAM RANS
SEP 8	10:54	2	DE BELLINGHAM RANS
SEP 11	8:56	10	DE BELLINGHAM RANS
SEP 12	8:56	10	DE BELLINGHAM RANS
TOTAL		14.65	

• KEY 08-2141 DAY DE-DIAL EVENING DN-DIAL NIGHT

MESSAGE UNIT DETAIL

DATE	TIME	MIN	PLATE CALLED	NUMBER CALLED	UNIT
AUG 17	7:15	13	DE BELLINGHAM RANS	318 182 2155	2.77
AUG 17	8:27	13	DE BELLINGHAM RANS	318 182 2155	2.77
AUG 22	10:54	2	DE BELLINGHAM RANS	318 182 2155	.25
SEP 8	10:54	2	DE BELLINGHAM RANS	318 182 2155	.25
SEP 11	8:56	10	DE BELLINGHAM RANS	318 182 2155	2.54
SEP 12	8:56	10	DE BELLINGHAM RANS	318 182 2155	2.54
TOTAL					14.65



Church News OF ALBANY AREA

FIRST BAPTIST CHURCH

The Lord's Supper will be observed at the 11 a.m. service this Sunday morning. The appropriate Lenten message "The Second Passover" will be delivered by Pastor Larry R. Campbell. There will be special music by the Church Choir under the direction of Mrs. Wallace Hill.

The Sunday School meets from 9:30 to 10:45 a.m. There are classes for all ages under the direction of Mrs. Frank Garnier, superintendent.

A modern day parable will be featured at the Sunday Evening Fellowship Hour at 6:30 p.m. The parable will be in motion picture form. The film "Nail" will be followed by a time of discussion.

Vista College is holding two sessions of a writing class in the Fellowship Hall of the church every Monday at 9 and 11 a.m. These sessions are open to anyone interested in writing. The Mid-Week Lenten Devotional Hours are held on Wednesdays at 10:30 a.m. and 7 p.m.

UNITED METHODIST CHURCH

On Sunday morning, April 1, 1979 services will be held at 11 a.m. at the United Methodist Church, 980 Stannage Ave., Albany.

The Rev. Dr. Peter Ahn's sermon topic will be "The Amazing Paradox." The Worship Leader will be Carol Johnston.

The Chancel Choir will sing under the leadership of Mrs. Peter Ahn and the organist is James Berling.

Sunday School will be at 10 a.m. Nursery care will be provided for small children during the church service.

Bible study classes meet every Tuesday at 11 a.m. and Wednesday at 7:30 p.m. Choir rehearsal will be held

THOUSAND OAKS BAPTIST CHURCH

This evening Dr. John E. Skoglund, interim minister, continues the Lenten Bible Study. The theme will be "The Humble Christ" and the Bible passage John 13. Preceding the Bible study there will be a pot-luck supper.

On Friday evening at 8 p.m. the Thousand Oaks Center for Music and Art will present Althea Robinson, pianist, in a recital. She will include works from Hayden, Schumann, Poulenc, Debussy and Barber.

On Sunday the congregation joins with Christians around the world in observing Passion Sunday. The sermon will be "The Cross — Folly or Power?"

Richard Davis, organist and choir director, returns to the organ after an absence due to eye surgery.

On Saturday, March 31, the church hosts the Regional Women's Group in Church and Society of the American Baptist Churches of the West in an all day study conference.

This group is particularly concerned with women's rights within the church. Jan Bass who has been serving as youth director at the church is one of the coordinators of the conference. Anyone desiring further information should contact the church office.

The featured speaker at the morning session will be Rev. Betty Pagett, adjunct professor of Christian Edu-

cation at the American Baptist Seminary of the West. Workshop sessions will follow her address.

ST. ALBAN'S EPISCOPAL CHURCH

Today the Rev. Warren Debenham, rector, will celebrate Holy Communion at 7 and at 11:30. At 6:30 there will be a potluck supper, followed by the fourth of the Lenten study series. This will begin with a meditation, after which Father Debenham will lead the continuing discussion of "Letters to Malcolm," by C. S. Lewis.

On Sunday, April 1, the Fifth Sunday in Lent, there will be two services, at 8 o'clock and at 10 o'clock. The preacher will be the Rev. Robert Wilson. Father Debenham will be the celebrant of Holy Communion, and the Rev. David Stone will assist. Rita Dows, organist and choir-master, will direct the Senior Choir in the offertory anthem "Save Ye My Saviors." Steve Lopez and George Coons will usher, and Shari Gray will be the greeter. Lillian and George Coons will host the coffee hour after the 10 o'clock service. The adult discussion group will meet with Father Debenham in the library at 9 o'clock.

St. Alban's Episcopal Church is at 1501 Washington Ave.

NORTH CONGREGATIONAL CHURCH

North Congregational Church is now beginning a new Sunday morning Christian Growth Seminar at 9:30 a.m. This Sunday the topic will be "The Sermon on the Mount" and on each Sunday morning there will be a film, part of the famous television series "Bauman Bible Telecasts."

Laney to show old time films

OAKLAND — Free films are being shown at Laney College on Monday nights through May 14. The films are part of a course, The Golden Age of American Films, 1931-1951.

Jerry Herman, long time Laney English and film instructor, will teach the class, from 7 to 10 at 900 Fallon Street in Oakland, across from the Lake Merritt BART station.

Highlighting the schedule

are "Little Caesar" on March 5, "Mr. Smith Goes to Washington" on March 12, "Swing Time" on March 19, and "Ninotchka" on March 26.

For further information on the free films, call the Laney College Office of Community Services at 833-5250.

Heroes

To be a hero means to leave something behind that heightens life and testifies to the worthwhileness of existence. The hero is marked by the unusual ability to be enthusiastic about the usual. — Kierekagard

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- Guaranteed income for life, (partially tax free).
- Immediate income tax deduction.
- Attractive returns.
- Elimination of capital gains taxes.
- Income to loved ones after your death.
- Reduced estate and inheritance taxes.
- No investment worries.
- Tax free income.

What's more, your planned gift will help The Salvation Army to provide "service with love" to meet human needs, and give hope for the future.

Put compassion into action with your planned gift. Write today for free information to see which plan best suits your needs.

THE SALVATION ARMY
Northern California-Nevada Division (P.O. Box 3465)
101 Valencia Street, San Francisco, CA 94119

Without obligation, please send me your Planned Giving brochure No. SP 1

Name _____ City _____
Address _____
State _____ Zip _____ Date of birth _____

Twentieth year for nurseries

ALBANY — The Master Nurserymen's Association, celebrating its 20th anniversary in 1979, was founded in 1958 by a small group of San Francisco Bay area nurserymen who joined their promotional resources for greater impact in the market place.

From this small start, the Master Nurserymen's Association, within a short period of time, the Association began marketing its own quality line of products to be sold exclusively by member nurseries.

Its first product, a Formula 49 Fertilizer, membership increased as a product line expanded. Now, the Association has more than 80 retail outlets, from Porterville to Redding, including Flowerland Nursery in Albany. Recently, a patronage dividend of \$20,000 was authorized by the Association's Board of Directors.

Patronage was predicated on the basis of each member's contribution to the record-setting sales during 1978.

At present, all Master Nurserymen are members of the California Association of Nurserymen. Significant is the fact that the President-elect of the C.A.N., and eleven previous presidents or the state-wide body are members of the Master Nurserymen's Association.

The Master Nurserymen's Association is headquartered at 1935 Beach Street, in Concord.

Man is the animal that holds up a mirror to himself. If he does this in an entirely honest way, it is a great achievement. —Ernest Becker

River rafting predicted tops for west states

SAN FRANCISCO — Recent heavy snow fall in the western United States guarantees another excellent season for river rafting.

State and federal agencies are now projecting above average run-off for most whitewater streams in California, Idaho, and Oregon.

WELCOME TO NORTH CONGREGATIONAL CHURCH

(Walnut and Cedar) Berkeley
Sunday, April 1st
The Lord's Prayer IV
Message: "FORGIVEN AND FORGIVING"
Scripture: Luke 7:36-50
Rev. Robert E. Graham, Minister, 848-1201

Free Spicy Reading.

Better Homes and Gardens' Book of Vegetables and Herbs. The original, full-size, 100-page version. It tells you how to grow your own

vegetables, and gives you some interesting and unique uses for herbs. It's yours for the picking at any of our 87 offices statewide. For a limited time, we'll also be demonstrating the versatile, easy-to-use KRUPS Bio-master Juice Extractor, from Europe's leading gourmet appliance manufacturer. So you can see how to juice your own vegetables after you've grown 'em. Stop in anytime. For your free book and a look at the juicer. And a quick rundown of our many savings plans to help you grow everyone's favorite greens: Money.

*While supplies last

For your free book, just fill out this coupon and bring it to your nearest Allstate Savings and Loan Office:

Name _____
Address _____
City _____
State _____ Zip _____



The Berkeley Community Concert Association

A Non-Profit Organization

30th CONCERT SEASON — 1979-1980

Proudly Presents:

A WHOLE SEASON OF MUSICAL ENJOYMENT



The Johann Strauss Ensemble of the Vienna Symphony
Friday, October 26, 1979



The Roger Wagner Chorale Christmas Program
Sunday, December 2, 1979



ISRAELA MARGALIT
Young talented pianist
Has performed with world's leading philharmonic orchestras
January 1980



SUZANNE LAKE
Soprano with four musicians.
Sang role of Tuptim, opposite Yul Brynner in the "King & I"
Sunday, March 18, 1980



Los Angeles Opera Ensemble
Presenting Great Moments in Opera, Staged-Costumed Singing in English.
6 singers with piano accompaniment
Friday, May 18, 1980
Dr. David Scott, Director

Dates Subject to Change

JOIN TODAY — Clip and Mail Membership Application to:

Berkeley Community Concert Association
Post Office Box 7133
Berkeley, CA 94707

I enclose my check payable to: Berkeley Community Concert Association for:

- No. Adult at \$15.00 each
- Family Plan at \$37.50 (2 adults and 2 or more children in same home)
- No. Students at \$7.50 each
- Give names of children:

NAME (please print) _____

Address _____ phone _____

City _____ Zip _____

Concerts are available only to season membership holders.

Membership cards are mailed in the fall prior to first concert.

For further information, call: 524-5983 / 525-6789

RECIPROCITY

A BERKELEY MEMBERSHIP entitles holder to attend these concerts free:

Oakland Community Concerts:
Romanian Folk Ballet
Alexander Piskunov, pianist
New York Brass Quintet
San Francisco Boys Choir
Philip Creech, tenor

San Jose
Johann Strauss Ensemble
Enrico DiGiuseppe, tenor
Glinka Chorus of Leningrad
James Dick, pianist
Les Grande Ballet Canadiens

In the interest of a better community, this ad is paid for by the following:

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MASON McDUFFIE REALTORS
HAMILTON REALTY
CHEVRON USA, INC.



TRAVEL

Dear Friends, clients, vacation-shoppers and people of Albany, Berkeley, El Cerrito. Here we are again with more news of travel, tours and tips on making the adventure the kind of fun you want it to be.

We'd like to highlight Yugoslavia and a great tour company with marvelous prices, comfortable accommodations and convenient travel times. Its called Love Holidays and operates out of Los Angeles.

As we've mentioned before, we like to know our tour operators and be sure our clients' deposits are safe with them, that people have come back pleased, that the tour company will stay in business for a long time.

Love Holidays this year is featuring 10 trips ranging from 16 days (The Best of Yugoslavia) to 22 days (Highlights of Eastern Europe). One of their great bargains and lovely trips is the Adriatic Cruise Holiday which takes 16 days.

You take a Lufthansa flight on a Sunday night to Dubrovnik and tour the Yugoslavian coast where breakfast and dinner are included in the tour cost every day, then transfer to the Epirotiki Lines MV Neptune for a seven-day Adriatic and Ionian Islands cruise.

All touring is done in private air-conditioned Mercedes or Setra motorcoaches. On the way home you spend an evening in Frankfurt and fly home the next day. Stop by the office for their brochures.

Total tour cost from Los Angeles in May, August, September and October (including air fare) is \$1549. Starting in April, Pleasant Hawaiian's one week Oahu/Waikiki standard trips to Hawaii go down to \$279.00. This is incredibly low considering that it includes airfare and other extras. They are offering to the first 32 non-smokers who check in on every flight seats in the first class section of the plane.

They depart every Friday and soon are adding Mondays — so that makes 600 seats a week out of San Francisco.

As usual, people who plan early seem to make the best arrangements. If you have been latched on a special APEX or international excursion fare, the price is not guaranteed should it go up after ticketing.

However, of course, they will not charge a cancellation fee. The advantage is that your seats are held for you. At this time of year, we really don't like to sell standby seats anymore.

If you are planning to go on to Ireland from Great Britain, why not combine a Super Apex ticket with a BritRail Sea Pass? It includes travel in Britain with a round trip sea trip to Dun

Laoghaire (below Dublin on the coast) or Rosslare (near Wexford or Waterford).

Britrail also has combination rail/drive packages and little one- and two-day escorted tours that combine with the pass. Example overnight tour to Edinburgh costs US \$137 per person, double occupancy.

Another convenient item is a London Transport "Go As You Please" ticket — 7 days for an adult at US \$25.00. This not only includes unlimited travel on the extremely convenient London Underground (which runs out to Heathrow Airport) but travel on the red double-decker buses.

This is nice because when you get on these buses they usually charge according to where you are going, if you have one of these tickets you can hop on and off without worrying and if you can't pronounce the name of where you're going, you might recognize it on a street sign.

Personally, I have had more trouble sometimes understanding the speech of Londoners speaking English than Mexicans speaking English or Spanish.

Have you noticed the new TV Ads for Singapore Airlines soon coming into San Francisco? People tell me it's one of the best airlines in the world with some of the best service.

They are offering in conjunction with a tour group called "Japan and Orient Tours" an introductory series of Orient tours that are promotional and will never be as low as this year.

They are highly recommended to us and will probably sell out quickly to those people who know about them.

Have you ever considered travelling with a group of friends? Sometimes just five couples will qualify as a group with lower four prices and air fares besides being more fun for everyone. We can also block space for you on a cruise.

Usually the savings in cost are not so great, but the pleasure of being with friends is worth booking early.

Again, it is fun talking to you here and in the office during the week. Hope you continue to send in questions!



Sylvia Tedesco
Carole Hewitt
Pat Gillaspay
THE AVENUE TRAVEL, INC.
428-1660

Senator asks fluoridation election

ALBANY — A proposal that voters in the East Bay Municipal Utility District be authorized to require EBMUD to call an election to determine whether it should continue to add fluoride compounds to its water has been introduced by Senator John Holmdahl (D-Alameda County) in the California Senate.

"Water supplied by East Bay MUD now is fluoridated as a consequence of voter action at the polls in 1974," said Holmdahl. "Since then, from time to time, controversy has raged as to whether fluoridation is beneficial or harmful."

Fluoridation of drinking water has been found to cause leukemia in other states, it has been said. Holmdahl stated.

Passage of this bill, amending the existing fluoridation election law authored by Holmdahl in 1959, will provide a "self-help" method that does not require official EBMUD board action.

Student of the Month

ALBANY — Music, the "International Language," is Karen Seegmiller's way of communicating with people.

Albany High School's "Student of the Month" active in all aspects of the school's music program. She is in the orchestra, band, choir, ensemble and soloist. She is to be the featured soloist in the Albany Cabaret Concert and she has won a place in the Alameda County Youth Orchestra as a violinist.

In addition to her musical activities, the "Student of the Month" also finds time to participate in sports, musicals, enter (and win) speech contests and before the school band as drum major. She also is an accomplished musician and dances for church functions and in rest homes and juvenile halls.

"The career I'm aiming for is to be a violin teacher," Karen said. "I'd like to work with young children, between third and ninth grade. These are most receptive and I'd like to see children's music get an early start."

Karen's whole family background is musical. Her eight children either sing or play an instrument, and both, so family get-togethers are true jam sessions.

As Student of the Month, Karen has won a certificate and dinner for she and her family from local McDonald's.

Taxpayers can save thousands

SAN FRANCISCO — Taxpayers and tax return preparers could save the federal government and fellow taxpayers thousands of dollars each year, Michael Sassi, district director of the IRS said last week.

"If every tax return we process this year contained the pre-addressed label that we provide taxpayers with their forms booklet last November, we could save more than \$500,000 in processing costs," he said.

"Label usage not only results in direct savings, it also creates our overall productivity and accelerates entire processing process which includes the issue of refunds," said Sassi.

Last year, half of the Fresno Federal tax processing facility lacked the label.

"When the label is used, it can cut actual data processing time for that return by 64 percent," Sassi said. "And when multiplied that by the 10 million tax returns we process this year, the savings are indeed significant!"

IRS labels contain taxpayer's name, address and social security number along with the district coding, exactly as shown on the IRS file.

"If any of this information is incorrect, the taxpayer should line itemize and print the correct information just below said Sassi.

EVERY 7 P.M.
TUES.
NITE

BINGO

HELP SUPPORT SALESIAN HIGH SCHOOL'S ATHLETIC PROGRAM

MIN. JACKPOT \$30 • GET AWAY GAME "EARLY BIRD" WINNER TAKE ALL 7 P.M.

SALESIAN HIGH SCHOOL
2851 SALESIAN AVE.
RICHMOND • 234-4433

In the Gymnasium

San Pablo Ave. Brookside Hosp. Valle Rd. Salesian Ave.

SHS

525 - 9890
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King Tsin
RESTAURANT
Northern Chinese Food

1699-1701 SOLANO AVE.
BERKELEY

OPEN
LUNCH 11:30-2:30
DINNER 4:30-9:30
SUNDAY 4:30-9:30
CLOSED TUESDAYS

SF FEDERAL SAVINGS

MONEY MARKET CERTIFICATES

RATE March 29-April 4

9.437%

6-MONTH TERM

\$10,000 DEPOSIT OR MORE

Federal Regulations require substantial interest penalty for early withdrawal and prohibit compounding of interest.

RATES CHANGE WEEKLY. NEXT WEEK'S RATES AVAILABLE MONDAY AFTER 3 P.M.

ACCOUNTS ARE INSURED TO \$40,000

SAN FRANCISCO FEDERAL SAVINGS AND LOAN ASSOCIATION

OFFICES IN: Berkeley • Fremont • Greenbrae • Los Altos • Orinda • Palo Alto
Sacramento (3) • San Francisco (8) • San Jose (2) • San Leandro • San Mateo
Santa Cruz County • Santa Rosa • Walnut Creek

SF FEDERAL SAVINGS

SPECIAL PRICES EFFECTIVE THROUGH APRIL 3

PIC 'N' PAC

GILMAN ST. & SAN PABLO AVE., BERKELEY

WE WELCOME FOOD STAMP SHOPPERS

PILLSBURY FLOUR

5-lb. Bag **79¢**

COKE QUARTS

4 for **\$1** (Plus Deposit)

COFFEE

Yuban 2 Lb. **4³⁹**

Yuban Instant 8-oz. 3.29

PILLSBURY CAKE MIXES

Layer **65¢**

GRAVIES SANDWICH BAGS

Heinz 12-oz. 3 for **\$1**

Glad, 150 Ct. **69¢**

Glad Large, 15 Ct. **99¢**

Comstock **69¢**

Figaro 4 for **\$1**

Nulaid, Extra Large Doz. **89¢**

Pillsbury Supreme 1.09

Morton 1 Lb. **25¢**

TUNA

Bumble Bee Oil & Water Pak

CHUNK LIGHT TUNA

1/2 Tin **65¢**

LETTUCE

Butter or Red Leaf **29¢**

Fresh-Picked PRODUCE

ITALIAN SQUASH Medium Size **29¢**

YELLOW ONIONS For Cooking **5 lbs. \$1**

FRUIT DRINK Cool-It **1/2 Gal. 69¢**

POTATOES

Russet 10-lb. Cello Bag **79¢**

MEAT Dept. SPECIALS

MEAT SPECIALS GOOD THROUGH WED.

WE HAVE PLENTY OF FRESH MEATS ON HAND. WE WILL CUT SPECIAL CUTS TO YOUR LIKING.

BEEF-LAMB-PORK

SAUSAGE Country Style lb. **1.19**

PORK ROAST Boston Butt lb. **1.29**

PORK STEAK lb. **1.69**

PORK CHOPS Shoulder Cut lb. **1.49**

PORK NECK BONES lb. **69¢**

WHOLE BODY FRYERS **69¢** lb.

79¢ Lb. Cut-up

GROUND BEEF

3 lbs. **4²⁹**

1 lb. **1.49**



learn to be your own interior decorator!

Learn professional decorating tips and basics in this 4-week course. How to: choose and coordinate colors... arrange furniture... mix styles... select floor coverings and fabrics... use what you have to best advantage to achieve the look you want!

Receive personal attention... to your specific decorating problems by the instructor, one of Breuners experienced Interior Designers. Bring your own paint chips, swatches, photographs to the classes!

See hundreds of "idea rooms" on video cassettes, all decorated by professionals. Terrific problem-solving ideas for you to adapt in your own home!

Total low cost of the 4-week, 8-hour course is only \$35, which includes a complete workbook. Put it on your Breuners charge card, Master Charge® or Visa®!

Classes limited!

Enroll now! Choose the class that's convenient for you. Each meets for 2 hours once a week for 4 weeks. Choose either a day or evening class at the Breuners nearest you. Ask a friend to join you!

Tues. 10 AM or 7 PM Starts April 10
Wed. 1:30 PM or 7 PM Starts April 11
Thurs. 10 AM or 7 PM Starts April 12

Albany Hill Breuners: call Jan Brooks, 527-6465
Pleasant Hill Breuners: call Carolyn Kay, 933-6600

Please call for reservations
Monday thru Friday between 9:30-5:00

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STATE FARM INSURANCE

National Smoker Study Hails Merit.



Enriched Flavor[™] cigarette scores high marks in five key areas.

Can MERIT deliver the flavor of leading high tar brands?

Does MERIT satisfy smokers over a long period or are MERIT smokers slipping back to old high tar favorites?

Read the bottom-line results of research conducted with smokers like yourself.

MERIT Breakthrough Confirmed

Confirmed: Majority of smokers rate MERIT taste equal to—or better than—leading high tar cigarettes tested! Cigarettes having up to twice the tar.

Confirmed: Majority of smokers confirm taste satisfaction of low tar MERIT.

And in detailed interviews conducted among current MERIT smokers:

Confirmed: 85% of MERIT smokers say it was an “easy switch” from high tar brands.

Confirmed: Overwhelming majority of MERIT smokers say their former high tar brands weren’t missed!

Confirmed: 9 out of 10 MERIT smokers not considering other brands.

First Major Alternative To High Tar Smoking

MERIT has proven conclusively that it not only delivers the flavor of high tar brands—but continues to satisfy.

This ability to satisfy over long periods of time could be the most important evidence to date that MERIT is what it claims to be: The first major alternative to high tar smoking.

MERIT

Kings & 100's

1 mg. "tar," 0.6 mg. nicotine—
1 mg. "tar," 0.7 mg. nicotine av. per cigarette, FTC Report May '78

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

© Philip Morris Inc. 1979

SAFeway HAS THE SAVINGS!

 <p>Coldbrook Margarine 1 lb. Save 10¢ 39¢</p>	 <p>Cheerios Cereal, 15 oz. Save 18¢ 99¢</p>	 <p>Sugar Empress, 5 lb. SAFeway Low Price 99¢</p>	 <p>Hi-C Florida Punch 46 oz. Save 10¢ 55¢</p>	 <p>Bounty Paper Towels Roll Save 22¢ 59¢</p>	 <p>Coca-Cola Tab, Fresca or Sprite, 6-12 oz. Cans SUPER SPECIAL \$1.19 (Cragmont Soda, 12 oz. Cans 6 for \$1)</p>
<p>Large AA Eggs Lucerne, Dozen 89¢</p>	<p>Cheese Food Lucerne, American, Single Wrap, 8 oz. Save 16¢ 89¢</p>	<p>Ice Milk Lucerne, 1/2 gal. Save 16¢ 99¢</p>	<p>Corn or Peas Bel-air, Frozen, 32 oz. Save 16¢ 99¢</p>	<p>Fabric Softener Downy, 96 oz. \$2.99</p>	<p>Strawberry Jam Empress, 18 oz. Save 16¢ 99¢</p>
<p>2 lb. Coffee Safeway, Bagged \$4.27</p>	<p>Tea Bags Crown Colony, 100 ct. Save 24¢ \$1.59</p>	<p>English Muffins Mrs. Wright's, 6 ct. pkg. Save 6¢ 39¢</p>	<p>Cup O' Noodles 2.5 oz. Save 33¢ 2 for 89¢</p>	<p>Cat Food Purina, 6 oz. Save 55¢ 5 for \$1</p>	<p>Laundry Detergent White Magic, 84 oz. Save 24¢ \$1.69</p>

Safeway... Our Bottleshops Save You More

<p>Seagrams 7 Crown Blended Whiskey, 80 Proof, 750 ml. (Case of 12, \$56.28) \$4.69</p>	<p>Jim Beam Whiskey Straight, 80 Proof, 750 ml. (Case of 12, \$62.28) \$5.19</p>	<p>Kaviana Vodka 80 Proof, 1.75 liter (Case of 6, \$37.74) Save 86¢ \$6.29</p>	<p>Fidelis Brandy 80 Proof, 1.75 liter (Case of 6, \$45.54) Save \$1.10 \$7.59</p>
<p>Almaden Mt. Wines Burgundy, Chablis, Pinot, Vin Rose, 750 ml. (Case of 6, \$13.74) \$2.29</p>	<p>Christian Bros. Wines Burgundy or Napa Rose, 750 ml. (Case of 12, \$21.48) Save 56¢ \$1.79</p>	<p>Beringer Riesling Gray, 750 ml. (Case of 12, \$29.88) Save 80¢ \$2.49</p>	<p>Lancers Wines Vin Rose or Vinho Branco, 750 ml. (Case of 12, \$35.88) Save \$1.10 \$2.99</p>

No sales in excess of 20 gallons. No sales for resale. At licensed stores only.

Safeway... For All Your Variety Needs

<p>Maxi-Pads New Freedom, 30 ct. Save 40¢ \$1.99</p>	<p>Rolaids Antacid, 3 Roll Save 18¢ 59¢</p>	<p>Suave Shampoo 16 oz. Save 30¢ 69¢</p>
<p>Toothpaste Crest, 5 oz. Save 20¢ 79¢</p>	<p>Wondra Body Lotion, 10 oz. Save 47¢ 98¢</p>	<p>Kodak Film C-110 or C-125, 20 Exposures, Roll \$1.59</p>
<p>Vitamin B Complex, Safeway, 100 ct. Save 90¢ \$1.39</p>	<p>Old Spice Shave Cream, 11 oz. Save 30¢ \$1.19</p>	<p>Good News Disposable Razors, 3 per pack Save 20¢ 59¢</p>

Make Safeway Your Headquarters for First Quality Photos

Russet Potatoes

U.S. No. 1, Compare the Size and Quality

57¢
10 lb. Bag

Leaf Lettuces

Salad Spectacular, Bunch Spinach, Red, Butter, Romaine or Green Leaf Lettuces

28¢
ea.

Mushrooms
Good So Many Ways, 8 oz. Pkg.
69¢

Valencia Oranges
New Crop
4 lb. 99¢
bag

Flower Show
Tropical Plants
Assorted, Popular Varieties, Easy to Grow (Liquid Plant Food, Schultz, 5.5 oz. Bottle, 98¢)
99¢
4" Pot

Peanuts
Roasted in Shell. Take a bag to the ballpark and save! 1 1/2 lb. Bag
\$1.49

Bean Sprouts
How About an Oriental Dinner Tonight? lb.
29¢

Boneless Round

Full Cut, U.S.D.A. Choice Grade Beef Round Steak

\$2.14
lb.

Turkey Drumsticks

Frozen Fresh Thawed

48¢
lb.

<p>Smoked Picnics Moisture Added 99¢ lb.</p>	<p>Canned Hams Safeway \$9.99 5-lb. tin</p>	<p>Link Sausage Safeway, Skinless, Pork, Frozen 69¢ 8-oz.</p>	<p>Sliced Bacon Mississippi, Dubuque (Fancy Slab Bacon, Farmers, lb. \$1.29) \$1.29 1-lb.</p>	<p>Skinless Franks Safeway, Meat or Beef \$1.28 1-lb.</p>
<p>Leg of Lamb New Zealand, Whole, Frozen \$1.66 lb.</p>	<p>Pork Spareribs Hormel, Small Sides, Frozen Fresh Thawed \$1.49 lb.</p>	<p>Beef Patty Mix A Blend of Ground Beef & Textured Vegetable Protein 99¢ lb.</p>	<p>Whole Whiting Cooked like Trout, Frozen Fresh Thawed 98¢ lb.</p>	<p>Baking Hens Foster Farms 69¢ lb.</p>

Pork Chops

Assorted, Pork Loin

\$1.58
lb.

Boneless Hams

Moisture Added, Smok-A-Roma Halves, (Whole lb. \$1.88)

\$1.99
lb.

Safeway's Million Dollar BINGO

will end when all tickets have been distributed. Most of the 281 stores located in Northern California (269) and Northwest Nevada (12) will run out of tickets before the scheduled termination date of April 7, 1979.

SERIES SC-79 EFFECTIVE MARCH 18, 1979

PRIZE VALUE	NUMBER OF PRIZES	ODDS 1 TICKET	ODDS 13 TICKETS	ODDS 26 TICKETS
\$1,000	133	74,812	5,755	2,878
100	494	20,142	1,550	775
20	1,963	5,069	390	195
10	3,855	2,581	199	100
5	7,395	1,346	104	52
1	237,747	42	4	2
TOTALS	251,587	ONE IN 40	ONE IN 3	ONE IN 2

TOTAL VALUE OF CASH PRIZES - \$1,010,000

Hurry! There's still time to be a winner

B.Y.O.B. Bring Your Own Bag!

Safeway will pay you 3¢ for any barrel bag that you bring back & we re-use to sack your groceries. Put some in the trunk of your car so you'll have them when you need them. Double Bags Count as One!

SAFeway COUPON
With This Coupon D.C.
Disposable Diapers
Truly Fine, Toddler, 40 ct.
\$3.99
ea.
Price Without Coupon, \$4.69
Limit 1 per coupon. Limit 1 per customer please. Coupon good thru April 3, 1979. Valid at counties listed below.

SAFeway COUPON
With This Coupon D.C.
Shrimp Scampi
Captain's Choice, Frozen, 7 1/2 oz.
\$1.39
Price Without Coupon, \$1.79
Limit 1 per coupon. Limit 1 per customer please. Coupon good thru April 3, 1979. Valid at counties listed below.

Items and prices in this ad are available March 28, 1979, thru April 3, 1979, at all Safeway Stores in the following counties: *Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Monterey and Santa Cruz. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.

SAFeway... WHERE EVERYTHING'S RIGHT... INCLUDING THE PRICE!

SAFeway

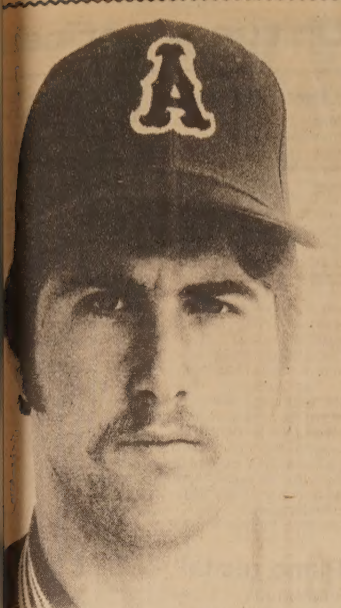


Photo by Richard Valenzuela

Athlete of the Week

ALBANY — Jeff Chamness, son of Mr. and Mrs. Marietta, is Albany High School's "Athlete of the Week." A senior at the local high school, he is a pitcher on the Cougars and was an honorable mention on the star team of last year. An all around athlete, he has years as a varsity football player and was All-Cougar tight end for 1978. He also played freshman football and for two years was on the jayvee baseball team for Albany High School. With baseball as his favorite sport, he started with the American League with the Albany Little League and has graduated to the starring role as a starting pitcher for Cougars.

He lists his special interests as movies, football, basketball, baseball games and going out with his friends.

He has travelled to both Oregon and Los Angeles to play baseball and plans to go to Laney College upon graduation. He hopes, after two years at Laney, to go to a four year college where he will specialize in business courses. He hopes, he said, to take over his father's plumbing business when through with schooling.

State, national parks solicit memberships

BERKELEY — Hundreds of outdoor enthusiasts will soon be joining into recreation in California's state and national parks. Plan a trip to campout can times be more than packing up the tent and heading for the road.

California State Park Division can take some worry out of a family's overnight camping vacation. A \$15 per year membership in the Foundation includes a convenient reservation service.

California State Parks Division member can phone or write the Division headquarters in Berkeley, giving specific information concerning the trip, park site, camping equipment needed, and the number of people in the party. The Division will confirm the reservation by phone or mail. The reservation is forwarded upon receipt of a check for the fee.

Reservations may be made by phone or mail with a minimum of 10 days notice required for campsites. For camping, 120 days notice is needed. In addition to the free campsite service, other discounts to members include mailings of special news and newsletters, fishing state park or unusual recreation and camping activities. Available upon request are maps, guides, and information on specific parks.

The California State Parks Foundation is a private, non-profit, charitable organization dedicated to the enhancement of the state parks system. Their office is at 1706 Broadway, Room 610 in Oakland, 94612, or for information, call 834-4411.

Activities. Available upon request are maps, guides, and information on specific parks.

The California State Parks Foundation is a private, non-profit, charitable organization dedicated to the enhancement of the state parks system. Their office is at 1706 Broadway, Room 610 in Oakland, 94612, or for information, call 834-4411.

LET'S GO Fishing!

PT. DAVE KINLEY — Catching is real. Clearlake, according to the latest reports, is a hot spot. Fishers have started to flock to the Bay. Lots of fish are being taken at night at the Ashby; also good fishing is reported from Pt. to Golden Gate.

folks, this is all you as Dave is out catching and at 4:30 p.m. was telling me to write, but when I gain at 7:30 a.m., I remember what he

know, this is the best year when taxel bled, white and get away from it all kid fishing and en-

fishing and Dave next week.

AMIE KINLEY for CAPTAIN DAVE Sportfishing Center

MAIL BAG

Editor: Meals on Wheels is in need of volunteer drivers. I have been a driver for almost three years. It's obvious I like to do it.

Once a week, I spend three-quarters to one hour (10:45 to 11:30 or 11:45 a.m.) in an activity which benefits those in whose shoes I might be in a few years from now. To have one good meal a day is important to anyone who is unable to provide it himself or herself.

Adequate nutrition is life-saving. I am sure there are many people in Albany who can use one hour a week to serve Meals on Wheels. Please call 526-6129.

By the way, perhaps you cannot commit yourself for weekly service but can do it on call if you are available. There have been times when I have had things important to do on my Meals on Wheels day and I have had to cancel my service with reluctance knowing there is not an "on call" list.

JANE QARFOT
1018 Pomona Ave.

Editor: Dear Sir: As expected, the communists did their crummy best to stir up a riot in Oakland.

Considering their butchery of 100 million people throughout the world in the last 50 years, it isn't too difficult to figure out their sudden concern about the death of one person slain by the police.

It is nothing more than an attempt to carry out another 50 year goal of the communists — to discredit, demoralize and destroy the local police.

W. E. FERGUSON

EDITOR: Dear Sir: Our sincere thank you to the Albany Times for all your coverage given to our committee.

Child Development Day was a positive experience for many Albany parents. With information from our survey, we learned that many people appreciated the complete coverage that the Times provided.

Respectfully,
KAY RABIN for
THE CHILD DEVELOPMENT DAY COMMITTEE

EDITOR: Dear Sir: Many, many thanks to the Fire Department ambulance crew for assisting me when I couldn't get my breath on the morning of Feb. 14, 1979.

Elvi Lahti
934 Adams Street, Albany

SPORTFISHING CENTER
949 San Pablo Ave., ALBANY 524-0221

EASTER SPECIAL!

Daiwa "Sealine" Conventional Reels

20% OFF THRU 4/15/79

Rod Sparks hits first 300 game of the season

By PHIL ALSTON

Veteran Rod Sparks, bowling for the Franklin Electronics team in the 910 Major League, buried his first 11 deliveries in the one-three pocket, then cleared the deck with a scattering nose hit to give Albany Bowl its first 300 game of the current season.

The perfecto, Sparks' first in a long and distinguished career, followed games of 181 and 159 and gave him a 640 series.

It did not, however, prevent a 13-12 loss for Franklin Electronics to Rod's Coffee Shop, which featured a 256-646 performance by Ed Carrara.

Merry Jax, leading the Majors since the start of the second half of the schedule, lost a bit more of its first place cushion in a 17-8 defeat by Diablo Bowling Supply.

Chris Wu shot 259 game and 674 series, both personal highs, and George Schaber added 660 as the Diablos negated a 266-675 effort by Merry Jax's John Taylor.

Jack's Auto Body Shop took advantage of the Merry Jax loss to pull within 13 points of the top by nosing out O & R Vending 13½ to 11½. Al Ochoa did major damage for Jack's

Free mind bender

SAN FRANCISCO — Baba Muktananda will give a rare public lecture on The Mind at the Palace of Fine Arts Sunday at 4 p.m. Admission is always free, according to the Siddha Yoga Meditation Center, which can be reached at 285-8213.

Robert L. Nehls
INSURANCE BROKER

Associate: Curtis J. Perata
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with 266-676, while Les Riedinger shot 649 for the Venders.

In the Majors' other match Desperation rolled over Associated Coin Amusements 17-8.

Bernice Niemi fired games of 244 and 256 in the course of her 661 series for Real Estate Place in the 870 Commercial League, but couldn't avert a 15-10 loss to D & M Body Shop, which tightened its grip on first place with the help of Bat Blaylock's 627.

Another bowler turning in a best of the season performance was Stine Davis, who paced the Majorettes with 214-686. Anita Camell offered 572 and Shirley Truitt 552.

In the Tri City Men's League Performance, Inc. used a 570 series by Paul Bennett toward a 2-1 win over Mary & Joe's and went back to first place when Richmond Brass lost all three games to Hudson Realtors.

Jim Thurbon led Foster Freeze with a 571 series and shot 579 in the 665 Scratch League, which was topped by John Gogna's 588.

Jack Castro ripped off a 257 game to open his 587 series in the Sons in Retirement circuit, which also had Hank Dahlstrom at 582, Lou Tognolini 574 and Ray Bloom 573.

Qualifying play in the Albany Lions Club's sixth annual Beat Your Average tournament will end March 31 with tournament action starting the next day. Proceeds will be used to further the club's numerous local projects. All tournament prizes have been donated.

JAY VEE SUPER DISCOUNTS

JIM BEAM BOURBON Reg. \$12.79 9.12 1.75 Liter	PEPSI COLA DIET PEPSI 32 oz. Bottles Reg. 2 for 89¢ 4 FOR 99¢ Plus dep.
CUTTY SARK SCOTCH Reg. \$9.25 6.65 750 ML	OLD GRAND DAD BOURBON Reg. \$7.89 5.31 750 ML
Villa Royal VODKA or GIN 80° Reg. \$7.59 5.99 1.75 Liter	CLAN MACGREGOR SCOTCH Reg. \$12.99 8.12 1.75 Liter
KORBEL BRANDY Reg. "13" 9.49 1.75 Liter	JAY VEE CALIF BRANDY Reg. \$4.59 3.49 750 ML
JAY VEE FRENCH BRANDY Reg. \$18.49 13.76 1.75 Liter	SEBASTIANI WINES Mtn. Chablis Mtn. Vin Rose Mtn. Burgundy Reg. \$3.49 1.79 1.5 Liter
RON RICO RUM Reg. \$6.99 4.94 Quart	BUDWEISER BEER 6 /12-oz. Cans Reg. \$1.99 1.49
SAN RAMON Alcote Blvd. & Montevideo Berkeley 1316 University Ave. Few Blocks East of San Pablo EL CERRITO 10560 San Pablo Ave. Jay Vee Center	SAN PABLO 13108 San Pablo Ave. Ralph's Shopping Center PINOLE 2975 Picole Valley Rd. Across from Pinole High EL SOBRANTE 3574 Dam Road Try's Shopping Center

JAY VEE WINES & LIQUORS

Prices Effective Wed., March 28th thru Sun., April 1st

FLOWERLAND NURSERY

1330 SOLANO AVE., ALBANY

526-3550

OPEN SEVEN DAYS A WEEK

The Care and Feeding of the Rose

Throughout history, the rose has been valued for its beauty, grace, and fragrance, as well as for that elusive quality that makes a rose a rose.

Your roses deserve the best possible care, and 49er products can give it to them.

49er Rose Food is a high quality blend of vital nutrients and trace elements in an organic base which is outstanding in the production of healthier plants and finer blooms.

To guard the rose against harmful fungus growth, use **49er Fungicide**, an excellent all-purpose fungus killer. Available only from your master Nurseryman

Keep Control of your yard & garden with 49er Brand Weed-All.

The best way to keep your yard and garden from being overrun with weeds is to kill them before they start growing. But once weeds appear, **49er Brand WEED-ALL** can wipe them out before they have a chance to take over.

49er Brand WEED-ALL is an excellent non-selective, post-emergent weed killer. It works best on young, actively growing weeds, but will eliminate all unwanted vegetation no matter how advanced its growth.

49er Brand WEED-ALL is both safe and economical. WEED-ALL is inactivated upon contact with soil, so it will not harm the roots of desirable plants. And 1 quart can make up to 16 gallons. So don't let weeds get the upper hand. Your local Master Nurseryman has WEED-ALL and a complete line of other 49er products to keep you in control of your garden.



Give your plants something to live for. 49er Pay Dirt

49er Pay Dirt is the high quality mulch and soil conditioner that your plants have been hungry for. It contains chicken manure, one of the most effective organic fertilizers known, and zinc, sulfur, and iron, essential trace elements that promote growth and health.

Together with leaf mold and redwood sawdust, which aerate and retain moisture in the soil, the ingredients in 49er Pay Dirt, when mixed in the soil, combine to help give your plants a balanced growing environment. It is also an ideal lawn mulch.

You'll find Pay Dirt and a complete line of quality 49er Brand products



Times Classified Ads

Classified Advertising Rate (20 words or less) \$3.40
All ads run in the Albany Times and Thousand Oaks Times for the one price — Ads payable in advance

May be placed at 1247 Solano Avenue before 4:00 p.m. on Monday.

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—REAL ESTATE —REAL ESTATE



615 The Arlington

Estate Sale.....Needs Maintenance!
Built in 1929 on an extra large lot with 2 street frontages. Gambrel roof and pentagonal gables. Two story; central hall; 7 rooms, 3 bedrooms, 2 baths (2152 sq. ft.) + basement. Master bedroom has fireplace and a bay view. Main floor office. Double garage and room for another. Vacant. Days: 525-8700. Eves. Adrienne Scofield, 548-8144 or 526-5252 or 524-6261.

CLAUDE DAUGHTRY

REALTOR 1795 Solano 525-8700
Berkeley (Opposite Wells Fargo Bank)

CHARMING KENSINGTON HOME!

Open Thursday morning, 10 A.M. to 1 P.M. This is not your usual ranch style Kensington home! Instead, it's an "old Berkeley" style home, built in 1916, at 197 Amherst Avenue, near Oberlin, commanding a sweeping bay view from each level. Lovingly remodeled, it retains its early charm, with beam ceilings, period style hardware, and even a leaded glass window! There are 3 extra large bedrooms, plus den or 4th bedroom, oversized living room, large formal dining room, plus concrete basement, with interior and exterior entry. Modern kitchen has tile drain, built-in GE dishwasher, range, and oven, plus open breakfast area. One large modern bathroom, plus space for owner desiring to add another. A parklike back yard, quiet, serene, wooded! If you like charm and something unusual, you'll like this, especially at only \$135,000. Evenings, Mrs. Chambers, 524-7158; Mrs. Honer, 525-5164.

NEAR HILLTOP SHOPPING!

If you're having difficulty finding a modern 3 bedroom, 2 bath home in Berkeley under \$100,000, would you drive northwards just 10 minutes to College Highlands? Would you be content with a contemporary home with modern kitchen, dishwasher, electric range, a spacious lot, garden, covered patio, and storage shed? Would you like to be near freeway access, the finest shopping center, schools, and bus line? Would you like the best financing available? Best of all would you prefer to pay only \$64,500 for this beauty? Call for information. Evenings, Mrs. Chambers, 524-7158.

ALBANY ECONOMY HOME

This is probably the most home for the money in the entire city. Imagine finding a 5 room 2 bedroom home (one bedroom exceptionally large), with central heat, fireplace, large garage and workshop, for only \$64,950. It's on lower Washington Ave., near Agriculture Lab, convenient to freeway, cross-town bus line. Makes an ideal starter home, or investment property. Evenings, Mrs. Ayers, 524-9106, Mr. Vicars, 549-2768.

GARAGE OWNERS ATTENTION!

We have a fine 7200 square foot Body and Fender shop in downtown Richmond on Auto row, plus 10,000 square feet of paved, cyclone fenced parking lot. If you need expansion space, and want to be on 24th St., in heart of town, this could be your solution. Priced at just \$1400. Mr. Blank, 524-4215.

RENTALS

2-2 bedroom homes in good Albany locations, \$425-\$450. Drive by: 957 Evelyn and 756 Pierce. Call for appt. to inspect inside.

Jerome Blank Realty

946 San Pablo Avenue 1530 Solano Ave.
526-7603 526-4215
Serving Albany for 33 years.

REAL ESTATE

MARVIN GARDENS 845-2000

NEW LISTING

Golden Gate view plus in-law; \$89,500. Near El Cerrito Plaza. Three bedroom home plus in-law apartment with a fabulous yard for gardening and two patios for entertaining. Workshop in garage.

FRIENDLY HOME; \$56,390

Tired of high prices? Call to see this 2 bedroom home in a quiet neighborhood. Unusually large yard.

★ ANNOUNCEMENT ★

FREE SEMINAR: "HOW TO BUY YOUR FIRST HOME!"
Steve Schneider, Instructor in Real Estate for U.C. Extension will be conducting a seminar specifically for first-time home buyers! There is no obligation, so bring your questions and a pencil and paper. Seating is limited so call now for reservations: 845-2000. Tuesday, April 3, 1979, 7:00 P.M.

2000 CENTER ST. SUITE 110, Berkeley

GET MUCH MORE FOR LESS

Approx. one mile north of Albany, 3 bedrooms, 2 baths, plus large family room with floor to ceiling fireplace. A most lovely, modern, spacious, gracious home. There is nothing this home does not have. Check with us. Owner must sell. Asking \$73,000. Will help finance. Call Russ Huber, 524-7180.

HAL HOFFMAN

Realtor 1207 Solano, 527-2326
Opp. Alt. Library

718 SANTA FE

Cozy cottage. Two bedrooms. Near shopping, transportation and Memorial Park. Ideal for the green thumb. Eves.: Mr. Davis, 525-4834.

Headington & Freels

1566 SOLANO 527-6365

FANTASTIC OPPORTUNITIES

are available to you to sell your home through our office. Please call for particulars. ALSO, if you want personalized service in finding a home, give us a call.



1484 Solano Avenue 524-8508

TWO BEDROOM CUTIE

is vacant, immediate possession can be had; located in Albany, near Middle School. Price is \$69,950. After office hours, call Ed Elliott, 524-7190.

SURE! I LIKE THIS

And we feel that you will like it, too. It's elegance is tempered with simplicity — Lovely Berkeley 3 bedroom, 2 bath, near Tilden Park. Price \$141,500 — After hours call Milton Moore, 526-7665.

SOUNDS LIKE

Wishful thinking, but it's true. Here's the combined tranquility of suburban living with every town convenience. Near churches, schools and shopping center. Located in Tara Hills, 3 bedroom, 2 bath, fireplace, family room conversion. Price \$68,000. — Evenings call Rita Smith, 527-3517.

DAVID N. ROBINSON REALTY

1300 SOLANO AVE., ALBANY 525-8900

REAL ESTATE

A SUPERB HOME
One half block from the park this elegant home has classical mediterranean styling, hardwood floors, wool carpeting, huge picture windows, large formal dining room, sunny breakfast room, remodeled kitchen, convenient basement, and much, much more. See this excellently maintained home today. \$92,950.

HERITAGE GALLERY OF HOMES 462-6060



JUST OFF DAM ROAD

Country atmosphere on a quiet cul-de-sac. 3 bedrooms, den, beam ceilings and much more. \$68,500. Eves. call Mrs. Ellis, 525-8727.

527-3030

1753 Solano Ave.

1000 Oaks

Spacious 3 bedroom plus in-law potential \$123,000. Harry Stumps, 527-0693.

INCOME SPECIAL

Four 1 bedroom units in good Berkeley location. Excellent buy at \$65,000. Harry Stumps, 527-0693.

THOUSAND OAKS REALTY
388 Colusa Berkeley 524-2738

OPEN SUNDAY 1-5
1883 SAN RAMON
3 bdrms., 1 bath, lg living rm, full dining rm, breakfast rm and laundry rm. \$110,000. Call Steve Hurlbut, 525-2717.

JACKSON REALTY CO.
1600 Hopkins St. 526-4336

RENTALS

LOVELY re-decorated 3 bedroom, 2 bath unit near El Cerrito City Hall \$395. monthly includes utilities. 524-7856.

TWO bedroom home, Richmond, fireplace, dining room. No pets. One child O.K. \$375. month plus \$300 deposit. 527-2141.

ALBANY house for rent — 2 bedrooms, dining room, 1 bath, all rooms very large. Stove, refrigerator, drapes, \$440. Call 524-2466.

FOR RENT—Small sleeping room \$50 per month. 525-8140.

RENTALS

CENTRAL Albany — 4 bedrooms, 2 1/2 baths, washer, dryer, stove, refrigerator and compact, large fenced yard. Dogs O.K. \$550 month. Walter Wallace, agt. 527-4267 or 223-1499.

ALBANY:

3 bedroom, 1 bath home near park. Children & pet O.K. \$475. + rental fee of \$237.50.

Solano Avenue Office 200 sq ft, all utilities paid \$135.00.

San Pablo Avenue Store — Office, 850 sq ft water, gas & electric paid. \$350.00.

MacGREGOR HOMES
1391 Solano Ave., Albany 525-3681

Studio apt. — Albany \$150. Above units available on 1 year lease programs only. First & last month plus security deposit. Call today for details.

DAVID N. ROBINSON Realty
1300 Solano Ave., Albany 525-8900

28-BUSINESS RENTALS
ALBANY—Prime location on corner Solano Ave. Ideal for professional or general business offices 700 to 1400 sq. ft. Call 524-0542.

30-RENTALS WANTED
BEDROOM and bath desired by semi-retired couple for 2 to 3 nights per week. Call 237-6586 Tuesday or Wednesday.

35-HELP WANTED
BABYSITTER wanted 3 mornings or afternoons a week for 2 year old in my home. 527-8041.

PART TIME CLERK
FOR THE CITY OF ALBANY
To work flexible hours with some night meetings. Applicant should be able to:

1. Transcribe notes for meetings.
2. Transcribe notes for meetings.
3. Deal efficiently with public.
4. Have maturity to work under pressure.

Salary: \$4.50 per hour.
Applications may be obtained from:

Administration Office
City of Albany
1000 San Pablo Ave.
Albany, Ca. 94706
Applications will be accepted until:

5:00 p.m. — April 6, 1979

We need secretaries, typists, clerks, and 10 key operators. For long and short term assignments call for appointment.

ADIA TEMPORARY SERVICE

600 San Pablo Ave., Albany 526-5564 EOE

CITY OF ALBANY

has openings for C.E.T.A. eligible applicants in following part-time positions:
Clerk
Maintenance Workers
Paralegal Assistant (law school experience desirable)
APPLICANTS MUST BE ALBANY RESIDENTS!

Apply to:
Administration Office
City Hall
1000 San Pablo Avenue
Albany, CA

40-MISCELLANEOUS FOR SALE

ESTATE Sale, Saturday & Sunday, March 31, April 1, 10-4 p.m. 621 Ramona Ave., Albany.

FOR SALE—Waterbed. Like new. Queen size, \$175. Phone 524-8773.

NOW you can steam clean carpets the professional way at a fraction of the cost with RINSEVAC. Rent at Pike's Electric Appliance, 377 Colusa Ave., Kensington, 525-6349.

VENETIAN blinds to fit MacGregor home. Best offer. Brass 50s chandelier. Best offer. Dresser \$45. Call 527-8041.

WATERBED — New, flotation design (looks like conventional bed), complete. Two-thirds less weight. King size \$230, queen \$210, double \$190. Compare to beds sold in top department stores for double the price. 836-1564.

40-MISCELLANEOUS FOR SALE

RENO DRIVE-UP
Motel Hotel
\$10 \$14.50
Per Person
Double Occupancy
Add \$3 for Friday & Saturday.
Each Person Receives
\$4 Cash — \$2 Food — \$6.70 Bonus
526-6600

HARRAH'S TAHOE
\$16.20 Round Trip
8 Hour Turnaround Bonus
\$8.00 CASH
Some Schedules
Receive \$4.00
Departs 1:10 p.m. Daily
BOTH SCHEDULES
DEPART FROM
NEVADA TAHOE
TOURS
905 San Pablo Ave.
(At Solano)
Albany
526-6600 527-6636

RENO TRIPS
One Day Only
Sat. & Sun.
(9 hour turnaround)
\$19.50 Round Trip
\$13 Cash Bonus
Overnighter — April 22, 23, May 12
Round Trip \$29.50
Cash Refund \$29.00
32-hour Turnaround
Fares & Refunds subject to change
Mary Ricketts—
For Reservations 10 a.m.-10 p.m.
525-2602 — 524-1948
\$3.00 Discount for Groups
SHANNON FUN TOURS

49-MISCELLANEOUS WANTED
WANTED: Satisfying instant BINGO tickets. I will pay for the right numbers! Call Glen after 6 p.m. 527-0700

PUBLIC NOTICE

NOTICE TO CREDITORS
SUPERIOR COURT OF THE
STATE OF CALIFORNIA
FOR THE COUNTY
OF ALAMEDA
No. 211678-9
Estate of ELMER RAY HARRIS, aka ELMER HARRIS, aka E. R. HARRIS, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to present them, with the necessary vouchers, to the undersigned at the law office of STANLEY R. KENDALL, 1619 Shattuck Avenue, Berkeley, California 94709, which is the place of business of the undersigned in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated February 26, 1979
VIRGINIA JOHNSON NYE
Executor of the Will of the above named decedent

STANLEY R. KENDALL
ATTORNEY AT LAW
1619 Shattuck Avenue
Berkeley, California 94709
Telephone: 848-7363
Attorney for executor
A-3124—March 7, 14, 21, 28, 1979.

NOTICE OF HEARING

PETITION FOR PROBATE OF
WILL AND LETTERS TESTAMEN-
TARY
SUPERIOR COURT OF THE
STATE OF CALIFORNIA
COUNTY OF ALAMEDA
Case Number 211899-0
ESTATE OF: GERTRUDE BLAN-
DINO, Decedent.

NOTICE is hereby given that NORMA FRAGA has filed a petition for: Probate of will and for letters testamentary.

A hearing on the above petition is set for April 19, 1979 at 10 a.m. to be held before said court at the following location: Administration Bldg., 1221 Oak St., Oakland, Ca., Dept. 19.

Dated March 21, 1979
By RENE C. DAVIDSON
Clerk

By NICKI SAYER
Deputy
LAWRENCE D. BELL
1248 Solano Avenue
Albany, Ca. 94706
525-4545
3129A—March 28, April 4, 11, 1979

Obituary notices

Marie L. Richelieu

Marie L. Richelieu, a former 18 year resident of Albany, passed away suddenly on March 13th, in San Leandro, where she had made her home the past few years. She was a native of Alameda, Calif., aged 64 years. She is survived by her husband, Robert C. Richelieu; a son, Robert A. Richelieu of Tustin, Calif.; a brother, George H. Rasmussen of Irvine, Calif.; 3 grandchildren and 2 great-grandchildren. Private inurnment was held at Mountain View Cemetery, Oakland. Ellis-Olson Mortuary handled the arrangements.

WILLIAM M. DURST

Funeral services for William Durst, 71, a resident of Albany for 25 years, were held Tuesday at the Ellis-Olson Mortuary. The Rev. Palmer Watson

of the MacArthur

Church of Richmond officiated. Mr. Durst died at Herrick Hospital of a sudden illness. He was born in Warren, Ohio, he was a machinist for many years before his retirement, a member of the San Francisco Riflemen's Club, the Alameda Association of Men and the Aerospace Lodge No. 284.

Survivors include

widow, Virginia Durst, two daughters, very richly endowed, Santa Rosa, the late Edna Watson, the late Neumister, both of Ohio, and Donna Durst of Antioch, also five children.

LAWRENCE A. CASSELL

Funeral services were held Monday, March 26, at the Ellis-Olson Mortuary for Lawrence A. Cassell, a resident of Albany since 1959. He was a native of Oakland, 45 years, and a retired manager for the San Francisco Pacific Co.

He is survived by Lawrence D. Cassell and a son, Leonard Cassell of Texas. He was a member of the Sons of Union Veterans of the City of Berkeley, Rev. P. Watson officiated, services with eulogies.

GEMMA BRUSCHINI

Funeral services for Gemma Bruschini, pioneer resident of Albany, were held Monday, March 26, 1979 at the Ellis-Olson Mortuary. She passed on March 23rd at Richmond Convalescent Hospital. The service started at the Chapel at 10 a.m. and then went to the church where a Christian Burial was held at 9:00 a.m. Entombment followed at St. John's Mausoleum in San Francisco. Recitation of the Mass was held on Sunday, March 25, at 2:00 p.m.

A native of Lucerne

Mrs. Bruschini had Albany 57 years and owned and operated a store called the Bay Sanitary Market, San Pablo Avenue. Her husband was the late Alberto Bruschini.

Survivors include nieces and nephews, Leo and Norma, both of Oakland, and Phyllis Perry, Albany.

Phyllis Perry, Albany, Leandro, Mary Ann, land of Napa and Camilla of Redwood, sister-in-law, Eda of Oakland.

PUBLIC NOTICE

NOTICE TO CREDITORS
SUPERIOR COURT OF THE
STATE OF CALIFORNIA
FOR THE COUNTY
OF ALAMEDA
No. 211678-9
Estate of FREDERICK HERMAN GRAMS, aka FREDERICK H. GRAMS, aka FREDERICK GRAMS, aka FRED HERMAN GRAMS, aka FRED H. GRAMS, aka FRED GRAMS, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to present them, with the necessary vouchers, to the undersigned at the law office of STANLEY R. KENDALL, 1619 Shattuck Avenue, Berkeley, California 94709, which is the place of business of the undersigned in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated March 14, 1979
JACK C. RUNNION
HARRIETTE E. GRAM
Executor of the Will of the above named decedent

JACK C. RUNNION
Attorney at Law
Professional Law Corporation
Professional Building, Suite 125
El Cerrito Plaza
El Cerrito, California 94530
524-3161
Attorney for Executor
3128A — March 21, 28, April 4, 11, 1979.

AMERICAN CREMATION SERVICE

727 San Pablo Ave., Albany 525-6433

Service Complete including all charges. Call or write for free brochure.

SOLANO IMPORTS

1549 Solano Ave. 526-7211

- Silk • Cotton
- Apparel Tailoring
- Dressmaking
- All Kinds of Alterations

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DOG AND CAT SEMI-ANNUAL VACCINATION CLINIC

By Pet Prevent-a-Care
OFFERING RABIES, DISTEMPER and CAT FEVER (Cat Distemper)
LOW \$3.75 COST Per Vaccination

ALL ANIMALS MUST BE AT LEAST 8 WEEKS OLD (DOGS ON LEASHES AND CATS IN BOXES, PLEASE). VETERINARIAN PRESENT.

BERKELEY
Sun. April 1 — Hours: 9:30 a.m. to 10:30 a.m.
Provo or Civic Center Park
Grove & Allison Way

SAN LEANDRO
Sun. April 1 — Hours: 9:30 a.m. to 10:30 a.m.
Parking Lot Adjacent to Corner Resposia & Loma

INTRODUCTORY OFFER: FREE SOUP OR SALAD WITH DINNER, WITH THIS COUPON.

Enjoy a Superb Dinner in a Relaxed and Friendly Atmosphere

BEGGAR'S BANQUET RESTAURANT

Open Wed-Sun 5:30-9:30
1428 San Pablo - 2 blocks South of Gilman. Free Parking. For Reservations, call 525-4545

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ALBANY SENIOR CENTER NEWS



By BETTY MOWERS and BETH BICE

TODAY — Wednesday, March 28. Start your day with Elaine and her Disco class at 10 a.m. They really are up with the rug with their peppy dancing. New beginners are always welcome. The group has really improved over the last few months. The 4 p.m. meal will be BAKED MACARONI AND CHEESE. Please call the day before for reservations (644-8500). The meals are held in the cafeteria of the Albany High School, 600 Key Route. You can enter through the door with the rug with the peppy dancing. The suggested donation is now fifty cents (60¢) per meal. Don't forget the weekly shopping trip. Call Carol on Monday afternoon at the latest for reservations.

THURSDAY — Start your day early with bingo at 10 a.m. The bingo is called by Mollie and Cy Levine. Do an excellent job. Bring your own bag lunch and make a day of it. Cards will be played after lunch. Don't forget this is Mini Market Day from 12:30 to 3 p.m. Thanks go to the volunteer workers who are in the market. It is hoped at the Mini Market can come a regular feature at the Center. The market is lively looking for some used, but in working order, scales to use on market day. Any one willing to volunteer theirs? The 4 p.m. meal will be BARBECUED PORK.

FRIDAY — Jack Quinn begins his beginner's bridge class at 10 a.m. All beginners are welcome. A luncheon of bridge begins at 12:15 p.m. The leader for the afternoon bridge is Don Abbott. The Community Center group meets at 10 a.m. At present they are hoping to address envelopes for Easter Seals. At present this group is led by Mrs. Betty Mowers. Today is Carol White, transportation Coordinator full day in the office. If you have special needs, wants, or complaints, please try to call her on Friday. Carol has a few minutes of interest to your registration transportation. "Is one interested in a trip to the Day Old Bread Store?" We are compiling a list and will call everyone, when they sign up, as to the time will go. "Anyone wanting a ride to the Richmond 'Y' Health Screening on April 5th, please call me at 644-8500." There still room on the Van for transportation to exercise classes, to the Albany 'Y' and to the Nutrition Site for tests. "As of March 19, there is a 50¢ charge for a trip on the Van."

SATURDAY — Start your day at the center at 10:30 with "Silver Topper Bingo" play called by Elizabeth Wing and Emily Stefani. Bring your own lunch, then spend your afternoon playing cards. At 1 p.m. you can attend the weekly Senior Prom at

Marin School. The music is by Ted Martin and his Group. Your official Hostess for the evening is Myriam Heath who is usually assisted by Marietta Ferreira. Myriam will be teaching a short dance lesson starting at 7:30 p.m.

SUNDAY — The center opens at 12 noon for an afternoon of cards and conversation.

MONDAY — Start April right, come play Ogeby (bingo) starting at 12:15 p.m. The Ogeby is led by two of Albany Senior Club's hardest workers, Emily Cristofani and Elizabeth Wing. There will be a 4 p.m. meal. Do not forget the senior exercise class at the "Y."

TUESDAY — The Art Needlework group will start their sew and talk session at 10 a.m. The playleader will meet at 1:30 p.m. There will be a 4 p.m. meal.

WEDNESDAY — Disco with Elaine and her disco class starting at 10 a.m. There will be a 4 p.m. meal.

THURSDAY — BINGO starts at 10:30 a.m. Bring your own bag lunch. The April Business Meeting will start around 12:30 p.m. (after lunch). Club President Jean Kramer wants to invite all Albany Seniors and all seniors interested in Albany Senior Center to the

meeting. Cards will be played after the meeting. There will be a 4 p.m. meal. Today is the Health Screen at the Richmond "Y" from 12 noon to 7 p.m.

The group that went on the South Shore trip arrived back safe, sound, happy but tired. The next trip will be to Reno on Sunday and Monday, April 29 and 30. Sign up will be accepted starting today. A deposit of at least ten dollars per person is required to be placed on the list. The seating on the bus is in order of sign up. The balance is due no later than April 20 (Friday). There will be only one bus going, so early sign-ups are important. The cost will be \$28 each for two to a room and \$35 for a single room. You will receive cash refunds totaling \$24 each. Thanks are in order to Larson Bakery of Berkeley who provide so many of the treats served at the Saturday Senior Proms. They are so generous to the Seniors of Albany.

The MEALS-ON-WHEELS Program continues successfully. Many thanks to the committed volunteer drivers. This is a crucial time. The number of meal recipients increases — and more drivers are needed. Substitute drivers are very important also. Phone Bertha Girard or Beth Bice, 644-8500 or 526-6129.

PARKS and Recreation



The Albany Park and Recreation Department presents the following programs for the enjoyment of area residents. For further information contact the Albany Park and Recreation Department, 100 San Pablo Ave., 644-8514.

non-residents. Sign up at the Recreation office, 100 San Pablo Ave.

A.R.D. CLUB: A very special after school program for children ages 5-10 meets each weekday at the Albany Community Center. Program goals are to provide a meaningful experience for each child by gathering in a warm and loving supportive atmosphere while learning new skills and meeting new friends. The program is held daily from 2-6 p.m. and the cost of the program is \$36 from 2-6 p.m. and \$41 per month from 2-6 p.m. In addition the program will be held Easter Week (April 9-13) from 10 a.m. - 4 p.m. Those children that are not presently in the program may participate Easter Week for \$20.

POTTERY (Grades 4-8) A class for youngsters in basic hand building

DISCO DANCE LESSONS are now in progress at the Albany Community Center on Monday evenings 6:15 PM-7:15 PM. Learn the latest partner and freestyle dances with contest winners, Don and Dana Britton. Six weeks of instruction for Albany residents is \$12 and \$14 for non-residents. Don't miss this chance to learn from this exciting duo!

PHYSICAL FITNESS with Prep All-American Quarterback Robert Goady, instructor will meet Tuesdays and Thursdays at the Albany Community Center, 1123 8th St., 7 p.m.-8 p.m. The fee for 6 weeks of instruction (12 classes) is \$12 for residents and \$14 for

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Doctor reports on relating to the aging

PHILADELPHIA — Is "old" just a term one hears all too often? Can it be truly defined? Webster tells us it means "dating from the remote past"; "having existed for a specified period of time"; "advanced

In years or age." Synonyms for "old" tell us something — words like antiquated, ancient, archaic, obsolete.

When you have an antique you care a great deal for it, treat it with extra gentleness. Why? Because it is priceless; it is old and it is beautiful.

Then why do old people get tossed from place to place, made fun of, not listened to, and mainly, not cared for with regard to

health and personal needs? In an editorial in the February issue of the *Annals of Internal Medicine*, Paul B. Beeson, MD, VA Administration Hospital, Seattle, discusses the medical problems of the aging in relation to the training doctors receive.

Dr. Beeson was appointed to a committee (at the request of the director of the National Institute of Aging) to investigate how well the

medical doctors worked in the "training for care of the aging" in their curricula.

According to Dr. Beeson's statistics, "by the year 2000, when our present medical students are at their peak professional activity, there will be about 55 million Americans over age 65." Too little attention is being paid to their health care, he adds. House officers and students find it most difficult to spend time

in this area, because they change from one in-patient service to another every few weeks — too soon to become aware of the need to take into consideration the psychological and social plights of our aged people.

Old people were once young. Then came retirement, maybe loss of a spouse, and arthritis, crippling diseases causing a once ambulatory person to become dependent on a

wheelchair or other device. Doctors need the first hand knowledge they can get only when they are treating elderly patients, Dr. Beeson believes.

He goes on to say that there is no master plan that can solve the health care of the aging problem, but makes a number of suggestions. One would be establishing an introductory medical training course in

geriatrics, featuring nursing demonstrations, paramedical professions with emphasis on ambulatory care and rehabilitation arrangements to help long-stay institutions, a way to identify experienced teachers of geriatrics, and, lastly, have position every medical school faculty for young men and women who want to work in geriatric medicine.

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